

FSSD Illness Guidelines 2020-2021

Symptom/ Illness	Should NOT attend school/work/activity if:	May attend school/work/activity or when:
Fever	<ul style="list-style-type: none"> Temperature at 100° F or above 	<ul style="list-style-type: none"> Temperature below 100 degrees <u>without the use of a fever-reducing medication</u> for 72 hours, AND No additional symptoms have developed
Cough	<ul style="list-style-type: none"> NEW uncontrollable, disruptive cough For persons with chronic allergic/asthmatic cough, a change in their cough from baseline 	<ul style="list-style-type: none"> Infrequent, non-disruptive, and no fever or other symptoms have developed, OR Doctor release to return to school
Strep Throat	<ul style="list-style-type: none"> Sore throat with swollen lymph nodes, headache, nausea and/or fever Positive strep culture 	<ul style="list-style-type: none"> 24 hours on antibiotics Fever-free for 24 hours without the use of fever-reducing medication, AND Doctor release indicating condition other than COVID-19 (alternative diagnosis)
Diarrhea Vomiting	<ul style="list-style-type: none"> Two or more episodes of diarrhea and/or vomiting occur within 24 hours of school/activity/work start time 	<ul style="list-style-type: none"> Free from diarrhea/vomiting for 24 hours, AND No fever or additional symptoms have developed
Rash/ Skin Infection	<ul style="list-style-type: none"> Rash or signs of skin infection not previously diagnosed or seen by a healthcare provider 	<ul style="list-style-type: none"> Rash-free & no other symptoms, OR Doctor release indicating condition other than COVID-19 (alternative diagnosis)
Conjunctivitis “Pink Eye”	<ul style="list-style-type: none"> Redness, itching, swelling, discomfort, and/or purulent discharge of eye(s) Physician confirmed bacterial conjunctivitis 	<ul style="list-style-type: none"> Free of eye symptoms and no additional symptoms have developed, OR Doctor release to return to school 24 hours on antibiotic drops if bacterial
COVID Symptoms and No Testing OR COVID-19 symptoms with alternative diagnosis	<p><u>Combination of 2 or more symptoms:</u></p> <ul style="list-style-type: none"> Fever or chills Cough Shortness of breath or difficulty breathing Muscle/body aches or fatigue Sore throat New loss of sense of taste or smell Nausea, vomiting, diarrhea, abdominal pain 	<ul style="list-style-type: none"> 10 days have passed since symptoms first appeared, Fever-free for 24 hours <u>without the use of fever-reducing medication</u> & symptoms improving, OR Doctor release indicating condition other than COVID-19 (see exceptions below) AND Fever-free for 24 hours <u>without the use of a fever-reducing medication</u>, and symptoms improving EXCEPTIONS: Diagnosis of respiratory/viral infections such as upper respiratory infection, pneumonia, sore throat without positive strep test DO NOT exclude COVID diagnosis)
COVID-19 symptoms with NO positive COVID-19 test AND Negative COVID-19 test after symptom onset	<p><u>Combination of 2 or more symptoms</u> AS LISTED ABOVE</p>	<ul style="list-style-type: none"> Fever-free for 72 hours <u>without the use of a fever-reducing medication</u> Symptoms improving for at least 72 hours Documentation of a negative COVID-19 PCR test obtained AFTER onset of symptoms
Positive COVID-19 Test Results	<ul style="list-style-type: none"> Positive COVID-19 diagnosis with or without symptoms Parent/Guardian/Staff must notify the school immediately upon receiving positive test results so contact tracing procedures can be initiated 	<ul style="list-style-type: none"> 10 days have passed since symptoms first appeared or positive test result if no symptoms, AND Fever-free for 24 hours <u>without the use of a fever-reducing medication</u>, and symptoms improving
Close contact with individual with suspected or confirmed COVID-19	<ul style="list-style-type: none"> Exposed (within 6 feet for 10 or more minutes) of an individual with known/probable COVID-19 from 2 days before their symptom onset or positive COVID-19 test date Notify School or Staff Supervisor 	<ul style="list-style-type: none"> Must quarantine at home and monitor symptoms for 14 days after last exposure to COVID-19 contact, and No symptoms of COVID-19 have developed during the home quarantine period.