



THE FREEDOM STAR



FREEDOM MIDDLE SCHOOL NEWS

750 NEW HWY 96-W, FRANKLIN, TN 37064 PH: 794-0987

7th ADAM DEMONBREUN **PRINCIPAL: KRISTI JEFFERSON** 8TH AMANDA MUNIZ

FROM THE PRINCIPAL'S DESK:

Congratulations to the FMS Strings and their director, Ms. Carole Grooms, who earned superior ratings in both their performance and sight-reading at the String Ensemble Performance Assessment held at Centennial High School on March 2nd!

Congratulations to the FMS Chorus and their director, Mrs. Erica Darr, who earned superior ratings in both their performance and sight-reading at the Middle Tennessee Vocal Association (MTVA) choral festival held in Murfreesboro on Tuesday, March 6th!

Our next **big undertaking** will be the **administration** of the State of Tennessee TNReady assessment tests. The **testing window** at Freedom Middle School is from **Tuesday, April 17th, through Wednesday, May 2nd**. Specific dates during this time period have been designated for each subject. You will receive **additional information concerning these dates** in future weekly emails sent each Sunday at 5 p.m.

As always, please feel free to call me if you have any **questions, concerns, and/or words of praise/encouragement**. We remain committed to promoting **"Personal Best + Collaborative Effort = Excellence for All!"**

Working Together With You,

Kristi Jefferson

MARCH 2018

MARCH STUDENTS OF THE MONTH AT FMS!

The following students were selected by their teachers as the student(s) of the month:

Hannah Busler - 7th

Jayden Hepner - 7th

Jillian Johnson - 7th

Ryan Pimentel - 7th

Tre' Kellman - 8th

Ke'Trey McLemore - 8th

Kevin Lopez - 8th

Shelby Hampton - 8th

Each of these students was chosen because he/she has a great attitude, exhibits positive behavior, is extremely pleasant, and is an all-around good person.

Congratulations to each of them!!!

Save your Box Tops for Education.



Your child can turn-in these labels to his/her math teacher.

CHORUS NEWS

Congratulations to the Freedom Middle School Chorus. They attended the MTVA Choral Adjudication Festival in Murfreesboro on March 6, and scored Superior ratings in both the performance and the sight reading portions of the event. We are so proud of our Singing Stars!



Congratulations!

The following students participated in the National History Bee Nashville Regionals at Freedom Middle School on March 3rd: Zion Brown (8th), Skyler Duplessis

(7th), Gabriel Garcia (7th), Brewer Osteen

(7th), and Caleb

Workman (7th). All students qualified for the national competition in Atlanta in June. They did a great job representing FMS. We are so proud of them. Way to go Stars!



8th Grade Guidance:

With high school registrations finished, we have shifted our focus from preparing for the “academic” part of high school to the “social/personal” aspects. In particular, we discussed understanding the consequences of “choices” and effects of negative peer pressure. To start, Mr. Brad Coutts, Williamson County Health Department, will be coming to present information regarding “Substance Abuse”. I will then follow up with discussions about how to handle social “pressures” and make good choices, which requires good self-esteem, self-confidence, and self-awareness. The struggle of adolescence is figuring out “who am I” and self-awareness, which will lead to self-acceptance. Becoming involved (clubs, sports, organizations, etc.) is essential in this process and creates a sense of connectedness which is another defense to negative peer pressure. As I have stressed with the students, the key to high school success is a balance between academics and activities!

7th Grade Guidance:

We continue our discussion of the habits of “Highly Effective Teens” (adapted from Sean Covey). Students have reflected on what they anticipate their life will be like 5, 10, and 15 years from now. They then ponder how to make that happen. For example, what do they need to do today to get there? This reflection involves prioritizing so ask your child about their “big rocks” and “small rocks”. We will be incorporating a discussion of TCAP and how to best “prepare” in order to do their best. All of these topics will lead into some career exploration, including a “Careers for Me” interest inventory, since in 8th grade they will attend the Williamson County Career Fair.

As always, don't hesitate to contact me if you have any questions or concerns for your child ... we need them her everyday ready to learn.

Bruce Coberly (Mr. C.) -- Your FMS School Counselor
coberlybru@fssd.org
615-794-0987 x 3514



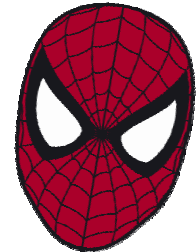
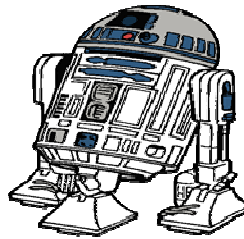
Freedom Con

Do you like Syfy? Dr. Who? Star Wars? Super Heroes? Comic Books? Anime?
If so, the **Freedom Con Club** is for you.

Mr. Stevens will be sponsoring **Freedom Con** on the 2nd and 4th Monday each month for any FMS student who would like to meet with fellow science fiction fans to talk about any of these items such as tv shows, movies, comics, etc.

The next meeting will be on April 9th after school in Mr. Stevens' room, # 619, from 2:35 to 3:45. Please have your rides at school by 3:45 to pick you up. See Mr. Stevens with any questions.

Meeting dates: April 9 & 23
 May 4 & 14



What are allergies?

Allergies occur when your **immune system** has an adverse **reaction** to certain substances. Upon exposure to triggers, the immune system releases chemicals called histamines. While intended to fight off perceived intruders, the release of histamine is actually what causes allergy symptoms.

The following are the facts you need to know about allergies:

- Some of the symptoms are similar to colds, such as sneezing, **sore throat**, **coughing**, **runny nose**, and congestion.
- Sore throat in allergies is most often caused by **postnasal drip**.
- Allergies can also cause **rashes** and **itchy eyes**.
- Fevers and **body aches** are ***not*** signs of an allergy.

PGS COMPETITION CHEERLEADING TRYOUTS

Tryouts for the PGS Competition Cheerleading Team will be April 9th through April 13th. Any rising 5th, 6th, 7th or 8th grade girl at FIS, FMS or PGS may tryout.

If you are interested, please contact Becky Brennan at
615-790-4721 or brennanbec@fssd.org.





Department
of
Education

The 85 minute **TNReady** ELA Field Test will be administered to all FMS 8th grade students on Friday, March 23rd. The purpose of the field test is to provide valuable information to the department of education in order to inform future test development. Even though the field test is not

officially scored and reported, the results are used to strengthen future operational tests by ensuring each question measures what our students should know and can do.

FREEDOM MIDDLE SCHOOL

Spring 2018 TNReady Test Schedule

Tuesday, April 17th *through* Wednesday, May 2nd

TNReady Schedule: All Testing Days

<u>7th Grade</u>		<u>8th Grade</u>	
Testing (1st)	7:30-10:00	Testing (1st)	7:30-10:00
2nd	10:00-10:37	2nd	10:00-10:37
4th	10:41-11:38	4th	10:41-11:18
6th	11:42-12:19	6th	11:22-12:19
3rd	12:23-1:00	3rd	12:23-1:00
5th	1:04-1:41	5th	1:04-1:41
7th	1:45-2:22	7th	1:45-2:22
HR	2:26-2:30	HR	2:26-2:30
7th Lunch: 10:55-11:25			
8th Lunch: 11:45-12:15			

FMS EIGHTH GRADE DANCE



THE EIGHTH GRADE DANCE IS FRIDAY, MAY 11TH, FROM 6:30 PM TO 9:00 PM AT FREEDOM MIDDLE SCHOOL IN THE AUXILLARY GYM.

PLEASE NOTE THAT **THIS DANCE IS FOR FREEDOM MIDDLE SCHOOL EIGHTH GRADE STUDENTS ONLY.**

IF YOU ARE ABLE TO VOLUNTEER TO HELP WITH THE DANCE, PLEASE CONTACT LUCRETIA PRESLEY AT lucretiapresley@comcast.net.



FMS/ PGS



**BASEBALL/ SOFTBALL 2018
Pancake Breakfast**



Fundraiser



When: March 17

Where: FMS Cafeteria

Time: 9:00 am to 11:00 am.

Cost: \$5.00 (all you can eat with drink).

***Proceeds go to the PGS Softball & Freedom Middle
Baseball team for equipment, field upkeep & officials.***



***Please support the Lady Lions & Stars this upcoming
season.***